



POMPE DISEASE LATE ONSET AS A CAUSE OF DIAPHRAGMATIC FAILURE

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BACKGROUND

Pompe disease (PD) is a genetic disease due to deficiency of the enzyme alpha-glucosidase acid (GAA) that occurs in several age groups and may have varied clinical evolutions

CASE REPORT

CAS, a 44-year-old man from Biritiba-Mirim (SP), a mechanic, sought our service for progressive dyspnea one month ago and worsened in the last week associated with cough, weight loss, lower limb weakness and dysphagia. Deny fever. Physical examination: REG, CHAAA, LOTE, dyspneic, PA:121X76mmHg, FC:94bpm, FR:18irpm, Sat:81%, Weight:70kg and peripheral cyanosis. MV + and decreased in the left pulmonary base without RA. Grade 2 muscular strength in lower members (LM) and normal in upper limbs. No further changes. Patient evolved with CNF associated with dyspnea worsening, requiring IOT and intensive clinical support. Investigations: HMG with Hb:15.4 Ht:52.4 VCM:82, L:4700 and CPK:320. RX of thorax: bilateral diaphragmatic kneeling / absence of condensation or pneumopathy. Spirometry before hospitalization: restrictive disorder grade3. ENMG:normal. Patient evolved with tracheostomy and mechanical ventilation without improvement of respiratory patterns. Due to diaphragmatic involvement, CPK that was slightly altered without the use of statin or other medications, without other diseases that explained the symptoms and with normal ENMG, the hypothesis of PD was suggested, which was confirmed by a molecular test carried out in the Laboratory of Inborn Errors of Metabolism (LEIM) of Federal University of São Paulo. PD is a rare genetic disease with a prevalence of about 1: 30,000 that is deficient in GAA, leading to accumulation of glycogen in various organs and tissues throughout the body. It may occur in children or adults, determining a large genotype and phenotype variety according to age: children commonly develop with cardiomyopathy, hypotonia and hepatomegaly as more frequent manifestations; in adults, diaphragmatic and skeletal muscle involvement in LM is commonly observed.

In our case, the clinical presentation was relatively classic, thus indicating the enzymatic replacement in conjunction with general interdisciplinary measures.

CONCLUSION

PD should always be remembered in cases of inflammatory myopathies that are not responsive to usual treatments and also in patients with muscular involvement of the diaphragm, liposuction of paravertebral musculature and restrictive disorder without definite cause in spirometry. Drug treatment involves enzyme replacement therapy associated with multidisciplinary follow-up. Gene therapy is future prospect.