



ORAL HEALTH KNOWLEDGE BEFORE AND AFTER GUIDANCE FOR PATIENTS WITH AUTOIMMUNE DISEASE

Ana Teresa Amoedo (UEFS, Feira de Santana, BA, Brasil), Hilda Mendes Nery Neta (UEFS, Feira de Santana, BA, Brasil), Deyse Conceição Sales (UEFS, Feira de Santana, BA, Brasil), Wanessa Maria de Freitas Aras (UEFS, Feira de Santana, BA, Brasil), Tarsila Carvalho Freitas Ramos (UEFS, Feira de Santana, BA, Brasil), Silvania Cápua Carvalho (UEFS, Feira de Santana, BA, Brasil)

BACKGROUND

Oral health information influences change in habits, especially in autoimmune patients, susceptible to infectious diseases.

MATERIALS AND METHODS

A cross-sectional / descriptive study using a questionnaire applied before and after the guidelines on oral cleaning and prosthesis in patients attended by the rheumatologic center. The research was approved (CAAE: 0015.0.059.000-08) and carried out according to resolution 466/12.

RESULTS

The majority were: female (80%), fair skin (31.4%) and mean age 45 years. Prevalent rheumatologic diseases: systemic lupus erythematosus (42.86%) and rheumatoid arthritis (31.43%). Before the guidelines (42.85%) they answered that with gingival bleeding they would no longer use dental floss, after the guidelines this number reduced to (11.42%). About the knowledge about the materials used to clean the prosthesis (20%) answered correctly before the guidelines; after (82.85%) reported that they would sanitize with nail brush and coconut / detergent soap corresponding to the correct answer.

CONCLUSION

Diseases such as dental caries and periodontal disease can be avoided by preventive measures indicated by the guidelines on oral hygiene.